

Egg and Broccoli Casserole

Enjoy for breakfast, lunch or supper!

3 lbs. fresh broccoli, chopped into small florets, lightly steamed

8 eggs, uncooked

1 /4 cup butter

1 / 2 tsp oregano or basil

1 /2 tsp salt, or to taste

2 tbsp Parmesan style cheese

½ cup shredded cheese of your choice, or more if desired

Preheat oven to 350 F.

Mix all ingredients together in a medium bowl.

Pour into an oiled 9" x 9" glass or metal pan.

Bake for 40 minutes or until a toothpick comes out clean.

Condiment suggestions: Serve with fresh tomato salsa or bruschetta made with SunTech tomatoes (Manotick, ON)—available at local grocery stores)

From the recipe library of Andrea Bartels, NNCP, RNT

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